

D/ST Streaming

Some fantasy owners value the top DSTs on draft day, while others prefer to punt on the position and hoard skill players. For those that stream defenses on a week-to-week basis, we put this together to help you develop a strategy over the first four weeks of the season. The top DSTs are not on this list, as most will be accounted for on draft day, but with so many FBS vs. FCS matchups to sort through, our objective was to make it easier for you to decide which of those matchups are favorable and which of those are not.

Week 1		
School	Opponent (2018 record)	Overview
Bowling Green	Morgan St. (4-7)	Morgan State only scored 20 or more points four times last year and lost at Akron 41-7.
Central Michigan	Albany (3-8)	Albany topped the 20-point mark seven times in 2018, but lost at Pitt 33-7 in Week 1.
Buffalo	Robert Morris (2-9)	Robert Morris was held to seven points four times last year. One of those four losses was a 73-7 defeat at James Madison.
Charlotte	Gardner Webb (3-8)	Gardner-Webb scored 17 or fewer points seven times in 2018, and lost 72-7 at Appalachian State.
Western Kentucky	Central Arkansas (5-4)	Central Arkansas scored at least 20 points in all but one game in 2018, and lost at Tulsa 38-27 in Week 1.
Central Florida	Florida A&M (6-5)	The Rattlers failed to reach the 20-point mark four times last year, and lost at Troy 59-7.
UAB	Alabama St. (4-7)	The Hornets failed to score more than 13 points in each of their seven losses, and lost 63-9 at Auburn and 45-7 at South Alabama.
Arizona St.	Kent St. (2-10)	Kent State should improve on their 2-10 record from last year, a season in which they failed to top the 20-point mark five times and lost at Penn State 63-10 and at Ole Miss 38-17.
Army	Rice (2-11)	The Owls offense regressed throughout the 2018 season, as they lost eleven straight games and scored 17 or fewer points in seven of the last eight.
Iowa St.	Northern Iowa (7-6)	The Panthers failed to score more than 17 points in four of their six losses, one of which included a 38-14 defeat at Iowa in Week 2.
UNLV	So. Utah (1-10)	Southern Utah lost ten games, but they scored at least 20 points seven times. They lost 48-25 at Oregon State in Week 2 and 62-31 at Arizona in Week 3.
Air Force	Colgate (10-1)	Colgate upset James Madison in last year's FCS playoffs and hung with Army, losing 28-14, which was their only regular season defeat of 2018.
Kansas	Indiana St. (7-4)	The Sycamores scored 40-plus points five times last year, but lost 31-7 to their only FBS opponent, Louisville.
Maryland	Howard (4-6)	Howard scored at least 30 points seven times last year and nearly upset Ohio in Week 1, as the Bobcats rallied for a 38-32 win.
Ohio	Rhode Island (6-5)	The Rams scored at least 30 points five times last year and scored a season-high 49 points against the FBS' worst defense in 2018, UConn. In 2017, they lost 30-27 at Central Michigan in triple overtime.
Temple	Bucknell (1-10)	Bucknell scored fewer than 20 points in ten of eleven games last year, and they scored 14 or fewer points six times. The Bison have not played an FBS school since 2015.
Navy	Holy Cross (5-6)	The Crusaders scored fewer than 20 points six times last year, and one of those losses was a 62-14 defeat at Boston College in Week 2.
Tennessee	Georgia St. (2-10)	Georgia State scored 20 or fewer points in five of their ten losses and lost 41-7 to their only Power 5 opponent, NC State.

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